## Over 50s (34 Teams)

Group 1	Team	Suggested Format
	West Hartlepool Strollers	6 Team Round robin
	Peterlee Helford	
	Forest Vets	
	Unity	
	Wakefield Wanderers	
	Leggy Mambos	3 Teams To Round 3

Group 2	Team	Suggested Format
	Hartshill Strollers A	6 Team Round robin
	Messi Diamonds	
	Coleshill Strollers	
	Solihull Moors Finest	
	Norwich City Community	
	Moulton Masters	3 Teams To Round 3

Group 3	Team	Suggested Format
	Plymouth Argyle	4 Team Round robin
	St Day AFC	
	Bournemouth	
	Dorchester Kix Start	2 Teams To Round 3

Group 4	Team	Suggested Format
	Bexley WFC	4 Team Round robin
	Bay City Strollers	
	Canterbury Mariners	
	Godalming	2 Teams To Round 3

Group 5	Team	Suggested Format
	Blackburn Creative	4 Team Round robin
	Bolton Arena	
	Bolton Arena Blues	
	Connah's Quay Nomads	2 Teams To Round 3

Group 6	Team	Suggested Format
	Highworth	5 Team Round robin
	Bracknell Town	
	Oxford Rovers	
	Swindon Town	
	Neath Dragons	3 Teams To Round 3

Group 7	Team	Suggested Format
	London Peruvians	5 Team Round robin
	Tottenham Hotsteppers	
	Watford WFC	
	Colchester Phoenix	
	Leyton Orient	3 Teams To Round 3

# Over 60s (36 Teams)

Group 1	Team	Suggested Format
	Blackpool Senior Seasiders	6 Team Round robin
	Bolton Arena Blues	
	Kingsmaid	
	Winstanley Walkers	
	Connah's Quay Nomads	
	Neston Nomads	3 Teams To Round 3

Group 2	Team	Suggested Format
	Hartshill Strollers A	6 Team Round robin
	Silihull Moors	
	Coleshill Strollers	
	Redditch WFC	
	Norwich CSF	
	Forest Vets	3 Teams To Round 3

Group 3	Team	Suggested Format
	Dorchester Kix Start	6 Team Round robin
	Bournemouth Reds	
	Torquay Utd CST	
	Plymouth Argyle	
	Abercynon	
	Merthyr Town	3 Teams To Round 3

Group 4	Team	Suggested Format
	Wakefield Wanderers	6 Team Round robin
	Boston Utd	
	Leeds Titans	
	Newcastle Benfield	
	West Hartlepool	
	Leggy Mambos	3 Teams To Round 3

Group 5	Team	Suggested Format
	Godalming	6 Team Round robin
	Bracknell Town	
	Oxford Utd A	
	Swindon Town	
	Devizes WFC	
	Thames WF	3 Teams To Round 3

Group 6	Team	Suggested Format
	Ashford Internazional	6 Team Round robin
	Watford WFC	
	Uxbridge Amblers	
	Bexley WFC	
	Margate	
	Woodnesborough	3 Teams To Round 3

## Over 65s (24 Teams)

Group 1	Team	Suggested Format
	Blackpool Senior Seasiders	5 Team Round robin
	Bolton Arena	
	Blackburn Rovers	
	Bury Relics	
	Manchester Corinthians	3 Teams To Round 3

Group 2	Team	Suggested Format
	Birmingham Blues	4 Team Round robin
	Old Corinthians Walkers	
	Hartshill Strollers	
	Coventry & District WF	2 Teams To Round 3

Group 3	Team	Suggested Format
	Grimsby Corinthians	5 Team Round robin
	Ashbourne WFC	
	Wakefield Wanderers	
	Leisure Utd	
	Newcastle Benfield/West Hartlepool Strollers	3 Teams To Round 3

Group 4	Team	Suggested Format
	Dorchester Kix Start	5 Team Round robin
	Bournemouth Reds	
	Abingdon AA	
	Aylesbury Utd	
	Merthyr Town WFC	3 Teams To Round 3

Group 5	Team	Suggested Format
	Thames WF	5 Team Round robin
	Leyton Orient	
	Woodnesborough	
	Hemel Hempstead WF	
	Uxbridge Amblers	3 Teams To Round 3

### Over 70s (24 Teams)

Group 1	Team	Suggested Format
	Plymouth Argyle	5 Team Round robin
	Exeter Strollers	
	Bournemouth Reds	
	Bournemouth Yellows	
	Salisbury FC WF	3 Teams To Round 3

Group 2	Team	Suggested Format
	Boston Utd	3 Team Round robin
	Grimsby Corinthians	
	Moulton Masters	2 Teams To Round 3

### **Already Qualified For Round 3**

#### **GMWFL**

Bury Relics, Bolton Arena, Manchester Corinthians.

#### Middlesex/Surrey/Thames Valley

WFC Kingston, Bracknell Town, Cove.

#### NPL/Sheffield & Hallom/Durham

Leggy Mambos, Harrogate Strays, Newcastle Benfield.

#### Essex/Kent

Leyton Orient WFC & Canterbury Mariners.

#### Birmingham

Birmingham WFC, Old Corinthians.

We have tried to limit the amount of travel involved wherever we could but we wanted also to ensure that teams got sufficient game time as well, hence keeping to bigger groups.